

# Summer at Kitzsteinhorn & Maiskogel

## Nature and Panoramic Pleasures on the Border of the Hohe Tauern National Park

Anyone exploring Kitzsteinhorn and Maiskogel in the Zell am See-Kaprun region in summer can look forward to an exceptional variety of landscapes, sports, and nature experiences. The journey takes you from the town of Kaprun all the way up to glacier ice at 3,000 meters. Along the way, you'll find scenic hiking and bike routes, action-packed mountain bike trails, spectacular panoramic cable car rides, unique sightseeing destinations, adventure playgrounds, modern alpine mountain restaurants, and quaint alpine huts.

### Hiking

The MK Maiskogelbahn takes hikers of all ages comfortably from Kaprun's town center up to the top station – the ideal starting point for a wide range of tours and loop hikes. From here, you can reach Kitzsteinhorn either on foot via the scenic Alexander Enzinger Trail or by panoramic cable car ride: the 3K K-connection offers spectacular views from snow-covered peaks all the way down to sparkling Lake Zell. And at Kitzsteinhorn, an equally varied hiking paradise awaits.

#### Langwied ▶ Easy Hiking Area at 2,000 Meters

**2C Alpine Rose Trail** The short loop trail starts at Häuslalm and leads past rolling hills covered in alpine roses, lush green alpine meadows with bubbling streams, and back to the starting point at Langwied.

**2D Häuslalm Trail** This easy loop trail begins at Häuslalm and follows gently rolling terrain through lush alpine-rose meadows, past an old shepherd's ruin, and along Grubbach stream through beautiful natural scenery. Along the way, a viewpoint with a bronze marmot family makes the perfect photo spot for a short pause before the trail leads back to the starting point.

**41D Hirterboden Trail** This wide loop trail starts at Häuslalm and passes several spots with stunning views over the Zell Basin before reaching an old shepherd's ruin. The trail is especially suitable for families with toddlers and includes designated rest areas.

#### Alpincenter ▶ High-Alpine Hiking Area at over 2,500 Meters

**41A Panorama Trail Glacier View** This easy loop hike starts at the Alpincenter and leads up to the glacier moraine with wonderful views of Schmiedingerkees, the glacier lake, Zefertgraben, and the Zell Basin. The short loop includes some rocky terrain and requires sure-footedness.

**41B Glacier Lake Hike** From the Alpincenter, this loop first follows the initial section of the 41A Panoramaweg Gletscherblick across high-alpine terrain over the moraine to the emerald-green glacier lake, past glacially polished rock and crystal-clear streams, and finally back to the Alpincenter.

**41C Rettenwand Loop Hike** Starting from the Alpincenter, the trail leads to interesting geological rock formations at the foot of Tristingner and Rettenwand. From the viewpoint at Graswandkreuz, you return to the Alpincenter via the Panorama Trail Glacier View.

**5 Alexander Enzinger Trail** This challenging high route for experienced hikers links Kitzsteinhorn and Maiskogel and can be hiked from either side. Start and end points are the top station of the MK Maiskogelbahn on Maiskogel and the Alpincenter or Häuslalm at Kitzsteinhorn. Narrow, exposed sections require sure-footedness and good weather. The trail through the impressive high-mountain landscape offers fantastic views all the way down to the Zell Basin.

## Maiskogel ▶ Relaxed Family Hiking Area Above Kaprun

**25 Maiskogel Hut Tour** Take the MK Maiskogelbahn from Kaprun's town center up to the top station, the starting point of the hut loop. The route links the traditional huts and alpine pastures on Maiskogel into a relaxed loop hike for the whole family. Rustic huts along the way invite you to take a break with local specialties. The mostly level trail leads through a mystical forest landscape and offers breathtaking views. At the Maiskogel Alm Ranch, there's even a petting zoo.

**33 Maiskogel Service Road** Starting at Schulstraße, head uphill along Schaufelbergstraße to the Vorderweißstein livestock gate. Turn right to the Stangerbauer livestock gate, then turn right again onto the Maiskogel service road. Pass the Almlift base station, continue uphill past the Maiskogel pump station, and follow the road to Maiskogel.

**35 Maiskogel Forest Trail** The trail starts opposite the main school. Follow Schaufelbergstraße to the first switchback, then continue straight to the Ortlehen farm. Turn right toward the Vorderweißstein farm. Here the trail branches off to the right, continues through a stone lane, passes the Almlift base station on the left, and joins the Maiskogel service road. After about 200 m, turn left; after 150 m, take the narrow, not-too-steep trail on the right. It climbs uphill in switchbacks through dense forest and clearings back to the Maiskogel service road, then turn left to reach Maiskogel.

**Maiskogel as Starting Point** **5 Alexander Enzinger Trail**  
Start: MK Maiskogelbahn top station via Glocknerblick  
Finish: Kitzsteinhorn – Alpincenter (or a shorter option via 5a to Langwied)

**14 Hike to Piesendorf**  
Start: Unterbergalm  
Finish: Piesendorf

**23 Hike to Piesendorf**  
Start: Stanger  
Finish: Piesendorf

**29 Schneckenreith – Klammsee**  
Start: MK Maiskogelbahn via Maiskogel Alm Ranch  
Finish: Gasthaus Schneckenreith / Klammsee

**Tip ▶ Free hiking maps available at the ticket windows and at the Alpincenter InfoService**

## Playgrounds ▶ Details on [kitzsteinhorn.at/play-fun](https://www.kitzsteinhorn.at/play-fun)

**Family & Leisure Park** Right next to the Kaprun Center, a slide paradise, bouncy castle, climbing wall, carousel, and much more are waiting to be explored by little adventurers.

**MK Top Playground** Next to the MK Maiskogelbahn top station, a climbing wall, slide, swings, and a marble run will have kids laughing out loud.

**Langwied Water Playground** Wooden water toys invite little ones to splash and play with pure mountain water while adults watch from comfortable rest areas.

**KIDS-steinhorn Adventure Playground** Next to the Alpincenter, kids step into the world of local wildlife hiding like a marmot in its burrow, climbing walls like an ibex, or soaring through the air like an eagle.

## Biking

### Mountain Bike Trails

Kitzsteinhorn offers varied trail action for experienced mountain bikers, while Maiskogel provides beginner-friendly terrain for families and first-timers. Depending on snow conditions, the trails at Kitzsteinhorn are open from mid-June to mid-September; the Maiskogel Trail follows the operating hours of the MK Maiskogelbahn.

**F5 Geissstein Trail** ▶ The Geissstein Trail starts at the Alpincenter at 2,450 m. Over 3.4 km, it drops 492 vertical m to the Langwied area at 1,976 m. Along with breathtaking views, it's all about speed, berms, and smaller jumps.

**F4 Wüstlau Trail** ▶ The Wüstlau Trail starts at Langwied. After 6.5 km and 1,100 vertical m, it ends near the Kitzsteinhorn base station. Almost completely natural, the trail runs across alpine pastures and through the forest all the way down to the valley. Parts of this extremely challenging route are packed with tight switchbacks, bermed turns, and demanding rock and root sections.

**F3 Bachler Trail** ▶ From Astenweg, the Bachler Trail leads over about 2 km and 413 vertical m down toward Klammsee. Enduro riders will get their money's worth on this almost completely natural route. Via the Kesselfall route, you then return either to the Kitzsteinhorn base station or to the MK Maiskogelbahn top station.

**F2 Maiskogel Trail** ▶ The perfect trail for beginners and families on Maiskogel. From the MK Maiskogelbahn top station at 1,570 m, the Maiskogel Trail winds over 3.7 km and 381 vertical m through wide and tight berms, rollers, and smaller jumps down to Station Stanger.

**Wash Points** ▶ Kaprun Center, MK Maiskogelbahn Stanger station, kitz900m, Langwied

### Bike Tours

Kitzsteinhorn and Maiskogel offer active nature lovers a unique setting for truly beautiful bike tours. From fields and meadows down in the valley, the routes lead through colorful mixed and deciduous forests, across blooming pastures and alpine meadows, and up to the treeline. The seamless lift network makes it easy to combine your tour with panoramic cable car rides. Bike transport is included in the ticket at no extra charge.

**KA7 Kitzsteinhorn-Uphill\*** ▶ Especially ambitious riders start their uphill journey at Kaprun Center. Over 24.9 km, they take on a demanding 2,179 m of elevation gain up to the Gletscherjet 3+4 mid station at 2,617 m. To shorten the tour a bit, it can be perfectly combined with the MK Maiskogelbahn.

**KA6 3K K-onnection-Tour** ▶ The ride on the 3K K-onnection, one of the world's most modern and energy-efficient cable cars, takes about 12 minutes and offers spectacular views of the high-alpine mountain scenery all the way down to the Zell Basin. By bike, the tour of the same name isn't quite as fast, but it's at least as beautiful on the way up. It starts at Kaprun Center with a comfortable ride on the MK Maiskogelbahn. The 10.4 km route begins at the top station. After 732 m of elevation gain, you reach Langwied at 1,976 m. Alternatively, you can ride the tour in reverse: first take the Kesselfall route by bike past Klammsee to the Kitzsteinhorn base station. From there, the cable car takes riders and bikes up to Langwied. Once you arrive at the top, it's time to take in the view.

**KA5 Maiskogel-Tour\*** ▶ If you want to ride the full loop, start the 19.5 km route at the foot of Kaprun's local mountain at Kaprun Center. With 880 m of elevation gain, it takes you past rustic alpine huts, blooming alpine meadows, and through mystical conifer forests.

**E-Bike Charging Stations** ▶ MK Maiskogelbahn top station, Langwied, Gletscherjet 2 top station

\* Route alignments for KA7 and KA5 have been changed due to VERBUND construction work. Please follow the signage on site.

## Attractions & Adventures

### TOP OF SALZBURG

The high-alpine experience world at 3,029 m rises as Salzburg's highest-altitude sightseeing destination and also marks the highest point in the state of Salzburg that can be reached by cable car. Anyone stepping onto the panoramic platforms TOP OF SALZBURG and National Park Gallery can take in sweeping views across the seemingly endless sea of peaks of the adjacent Hohe Tauern National Park, the largest protected area in the Alps.

At Cinema 3000, Austria's highest-altitude movie theater, the film "Kitzsteinhorn – THE NATURE" takes viewers into the unique world of experiences, plants, and wildlife found at Kitzsteinhorn. On the eight-m-wide screen, they experience the diversity of this natural habitat up close in an impressive way.

One level down, access to the National Park Gallery opens behind a glass sliding door. The 360-m tunnel runs straight through Kitzsteinhorn and highlights fascinating alpine natural phenomena at six info stations, such as the formation of rock crystals or the importance of permafrost. At the end of the tunnel, the mystical world inside the mountain gives way to a spectacular panorama from the same-named platform. From here, the view even reaches all the way to Großglockner, Austria's highest mountain.

Tip **Panorama Trail** ▶ From the National Park Gallery panoramic platform, the Panorama Trail leads to a spectacular photo spot: a life-size bronze golden eagle. The trail then continues to the ICE ARENA.

### ICE ARENA

Snow sliding, a snowball fight, and building a snowman in July and August? At the ICE ARENA on the glacier plateau at 3,000 m, summer suddenly turns into a winter experience. Even in the warm months, there's snow here for fun, a cool-down, and a truly unique experience. Free sliding equipment is available on site. After each run, a magic carpet conveyor belt takes kids and adults comfortably back to the start. The ICE ARENA Snack Bar at the bottom of the slope serves snacks and drinks, while lounge chairs on the snow beach invite you to soak up the sun and relax.

### 3K K-onnection

The journey up to TOP OF SALZBURG is a highlight in itself. Riding the 3K K-onnection, one of the world's most modern and energy-efficient cable cars, visitors glide uphill surrounded by stunning natural scenery. Along the way, spectacular views open up across the high-alpine mountains and far down into the Zell Basin.

### Maisi Flitzer

The Alpine coaster on the family mountain Maiskogel thrills kids and adults year-round. After an eventful glacier day, it tops off the outing with a fast ride down to the valley over waves, jumps, and spinning turns.

### Picnic at Maiskogel

Packed with delicious treats that make your day in the mountains even better: the gourmet picnic basket at Maiskogel. In the summer months, it's available for pick-up from 9:00 a.m. with advance order at Maisi Alm.

### Weekly Program

Monday to Friday

▶ **Kitzsteinhorn Explorer Tour** und **National Park Gallery Tour** – National Park ranger tours

Eventkalender,  
Details &  
Anmeldung auf  
[kitzsteinhorn.at/  
events](http://kitzsteinhorn.at/events)

Wednesday

▶ **My First 3,000er** – guided summit tour

Thursday

▶ **Guided Family Hike** – adventure tour for young and old

▶ **Kitzsteinhorn Bike & Bites** – for pleasure-oriented mountain bikers

Mountain Restaurants & Huts ▶ listed from highest to lowest

**Kitzsteinhorn**

**Gipfel Restaurant**

3,029 m ▶ Salzburg's highest-altitude restaurant is run as a self-service venue and offers regional and international dishes, plus floor-to-ceiling windows with views of the surrounding high-alpine mountains. The restaurant also features a bar and a separate lounge area.  
Tip ▶ [kitzsteinhorn.at/glacier-breakfast](http://kitzsteinhorn.at/glacier-breakfast)

**ICE ARENA Snack Bar**

2,900 m ▶ Snacks and drinks at the bottom of the ICE ARENA snow slide (July and August)

**Gletschermühle Restaurant**

Newly built and reopened in winter 2025/26

2,450 m ▶ Modern architecture, a unique feel-good atmosphere, and impressive panoramic views make this newly built full-service restaurant a true highlight at Kitzsteinhorn. On the ground floor you'll find the main dining area and a bar with a fireplace lounge. A winding staircase leads up to the Kitzsteinhorn Lounge on the upper level, where guests enjoy exclusive service and an unmatched view of the summit. The kitchen draws on the rich tradition of Alpine cuisine, and the wine list is especially extensive.

**AC Box**

2,450 m ▶ Snack and drink stand at the Alpincenter (July and August)

**Krefelder Hütte**

2,300 m ▶ Traditional hiking hut with guest beds and a sun terrace

**Häuslalm**

1,976 m ▶ Mountain restaurant with a kids' playground at Langwied

**Salzburger Hütte**

1,876 m ▶ Hiking hut with a sun terrace and overnight accommodation at Salzburger Boden

**Ederalm**

1,420 m ▶ Quaint alpine hut with an idyllic garden terrace at the foot of Kitzsteinhorn

**Maiskogel**

**Glocknerblick**

1,675 m ▶ Hut with a sun terrace and views of Großglockner, Austria's highest mountain

**Unterbergalm**

1,570 m ▶ Rustic alpine hut with house-made cheese specialties and stunning views

**3K Box**

1,570 m ▶ Snacks, drinks, and 3K K-connection and MK Maiskogelbahn tickets; located in the 3K K-connection base station building; open in line with 3K K-connection operating hours

**Sauloch Alm**

1,560 m ▶ Rustic hut with a sun terrace and views of the Zell Basin

**Maiskogel Alm Ranch**

1,545 m ▶ Playful hut with a sun terrace, playground, and petting zoo

**Berggasthof Stangerbauer**

1,100 m ▶ Restaurant serving products from its own farm, with a sun terrace

**Maisi Alm**

Located opposite the Kaprun Center and the MK Maiskogelbahn base station, Maisi Alm is a popular year-round meeting spot for all ages in Kaprun's town center. Right next door, the Maisi Flitzer Alpine Coaster and the Maiskogel Family and Leisure Park promise huge fun for kids and adults alike. Maisi Alm also offers a dedicated kids' menu.

**Maisi Snack**

Snacks, drinks, and Maisi Flitzer tickets (July to mid-September)